



Recommendations for Certified Community Residential Services

This document outlines actions your facility needs to take following the recent exposure within your facility. Recommendations are broken down by category. This document also provides additional resources that may be useful in your COVID-19 response.

We appreciate this is a challenging and rapidly evolving situation and we're here to offer support and guidance. Please contact Clark County Public Health if you need further consultation or have questions. Thank you again for the opportunity to partner with you.

COVID-19 Overview

Definitions:

- ☐ **Exposure period:** For COVID-19, the exposure period is considered 14 days prior to symptom onset (note this could change as we learn more).
- ☐ **Incubation period:** For COVID-19, the incubation period is estimated to be 5 days (ranges from 2-14 days) following exposure.
- ☐ **Isolation:** separates sick people with a contagious disease from people who are not sick.
- ☐ **Quarantine:** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. ([CDC Quarantine Guidance](#)).
- ☐ **Close contact:** within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.
- ☐ **Individuals are considered fully vaccinated:** 2 weeks (14 days) after their second dose in a 2-dose series, like the Pfizer or Moderna vaccines, or 2 weeks (14 days) after a single-dose vaccine, like Johnson & Johnson's Janssen vaccine
 - **NOTE:** if it has been less than 2 weeks since the second dose, or if an individual has not received a second dose, they are NOT fully protected and must keep taking all prevention steps until they are considered fully vaccinated.
- ☐ **COVID-19-like illness (CLI) symptoms may include:** (per DOH COVID-19 Guidance)
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Sore throat
 - New muscle aches (myalgias)
 - Loss of sense of taste (ageusia) or reduced ability to taste sweet, sour, bitter, or salty things (hypogeusia)
 - Lost sense of smell (anosmia) or reduced ability to smell (hyposmia)
 - **Atypical symptoms may also include:**
 - New or worsening malaise
 - New dizziness
 - Diarrhea
- ☐ **Outbreak:** Refer to DOH COVID-19 Guidance: [Outbreak Definition for Healthcare Settings](#)

When and How to Report to report COVID-19 CCPH

- ☐ All laboratory-confirmed COVID-19 positive residents or staff should be immediately reported to Clark County Public Health using the secure fax: (564) 397-8080.

⚠ Do not wait for test results to initiate precautions or report to CCPH.

How to Manage Close Contacts

- ☐ Identify close contacts in your facility that may have been potentially exposed (staff, residents, visitors, etc.).
- ☐ Manage the notification and quarantine (for 14 days from last date of exposure) of your facility's staff and residents. The Department of Health has a helpful [informational document](#) that we recommend you provide to these individuals at your facility.
 - Follow WA DOH ["What to Do if you have Confirmed or Suspected COVID-19" guidance](#)
 - Follow [CDC guidance for HCW returning to work](#)
 - Follow the CDC Guidance for: [Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings \(Interim Guidance\)](#)

Personal Protective Equipment

- ☐ FIT Testing Guidance and Resources
 - WA DOH [Respiratory Protection Program](#) resources for free FIT testing
 - L&I and DOH Respirator and PPE Guidance for Long-Term Care: [Employer responsibilities for respiratory protection program and provision of personal protective equipment \(PPE\)](#)
- ☐ **Return to Conventional Capacity for PPE. Review CDC Guidance:** [Optimizing the Supply of PPE and other Equipment During Shortages](#)
- ☐ CCPH has PPE posters and handouts available if you would like additional resources. Please let us know if this is a resource you need, and we will send it in a separate email.
 - APIC Do's and Dont's of Gowns
 - APIC Do's and Dont's of Gloves
 - APIC Do's and Dont's of Masks
 - APIC Do's and Dont's of Respirators
 - CDC Cover your Cough Poster
 - CDC PPE Donning and Doffing Poster
 - PPE Reuse Poster
- ☐ Review and ensure all staff members can accurately demonstrate donning and doffing PPE procedures ([Using Personal Protective Equipment \(PPE\)](#)).
- ☐ If you need assistance in obtaining PPE, please notify the COVID Response Team and a separate email will be sent with attachments and instructions for requesting additional PPE supplies.

COVID-19 Vaccinations

- ❑ Clark County Public Health Website [COVID-19 Vaccinations](#)
- ❑ WA DOH: [COVID-19 Vaccine Frequently Asked Questions](#)
- ❑ How Long-Term Care Facilities Can Help [Monitor COVID-19 Vaccine Safety](#)

Facility Based Testing

- ❑ Review and follow COVID-19 Testing guidance from [WA DOH](#)
- ❑ Review the CDC guidance that outlines criteria for Testing Guidance for Nursing Homes: [Interim Testing Guidance in Response to Suspected or Confirmed COVID-19 in Nursing Home Residents and Healthcare Personnel](#)

COVID-19 Symptom Screening Tools

- ❑ Symptom screening tools can be provided on request

Additional Resources:

❑ Clark County Public Health Website

- [COVID-19 Resources](#)

❑ Washington State Department of Health

- WA DOH Precaution Signage:
 - **Post signage for EMS and visitors alerting them to the outbreak.**
 - Utilize appropriate signage for residents who are known or suspected (having one or more symptoms and being tested) to have COVID-19.
 - [Aerosol precautions](#) (gown, gloves, N95, and eye protection)
 - [Quarantine precautions](#) (unvaccinated new admissions or vaccinated residents who have been exposed to COVID-19).
- Infection Prevention and Control Assessment Tool for Long-term Care Facilities ([PDF](#))
- [WA DOH link](#) to schedule an ICAR visit at your healthcare facility: Infection Control Assessment and Response (ICAR)
- Employee and Visitor Daily Screening Guidance for COVID-19 ([PDF](#))

❑ Washington State Department of Social and Health Services (DSHS)

- WA State Department of Social and Health Services (DSHS): [Safe Start Washington](#)
- DSHS latest guidance regarding COVID-19. This is the link to provider letters and additional resources: [Information for Nursing Home Professionals](#).

❑ CDC Guidance

- [CDC Guidance on Infection Control in Healthcare Facilities](#)
- Healthcare Infection Prevention Guidance for 2019 Novel Coronavirus ([CDC](#))
- Infection Control for Aerosol Generating Procedures ([PDF](#))
- Return to Work Guidance for healthcare workers (HCWs) and first responders (FRs) who have Confirmed COVID-19 Infection or are asymptomatic with High or Medium Risk Exposures* to a known case of COVID-19 ([CDC](#))

❑ Environmental Protection Agency (EPA):

List N: [Products with Emerging Viral Pathogens AND Human Coronavirus claims for use against SARS-CoV-2](#)